

**EMERGENCY PLAN – SEIZURE DISORDER**  
**CONFIDENTIAL**

Student's Name \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_ year \_\_\_\_\_  
Parent/Guardian \_\_\_\_\_ Phone # Work \_\_\_\_\_ Home # \_\_\_\_\_  
Physician \_\_\_\_\_ Phone # \_\_\_\_\_  
Physician treating seizures \_\_\_\_\_ Phone # \_\_\_\_\_  
Family member/Friend, aware of child's condition. Name \_\_\_\_\_ Phone# \_\_\_\_\_

*Please tell us what you want us to do in case of a seizure at school.  
(Please check all that apply)*

**My child's seizure includes:**

**Absence (petit mal) seizure**, Brief staring spell  
 **Partial seizure**: may walk around perform aimless activities \_\_\_\_\_  
\_\_\_\_\_

**Convulsive seizure:**

Sudden cry, fall, rigidity, followed by muscle jerks, saliva on lips, bluish skin color.  
 Possible loss of bladder or bowel control  
 Some confusion, headache, and fatigue, followed by full return to consciousness  
 Other \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do this**

Do nothing  
 Report to parents: daily / Weekly  
 Do not restrain  
 Report to parent immediately  
 Send note home to parent  
 Allow \_\_\_\_\_ minutes to rest  
 Other \_\_\_\_\_  
\_\_\_\_\_

Monitor  
 Observe symptoms  
 Notify parent ASAP  
 Administer medication  
 Allow to rest  
 Send note home

**Follow General First Aid guidelines:**

Place folded towel under head  
 Protect from nearby hazards  
 Do not attempt to put anything in mouth  
 Treat injuries that may have occurred  
 Allow \_\_\_\_\_ minutes to rest and re-orient self/return to class.  
 If single seizure lasts more than \_\_\_\_\_ minutes, call parents/911  
 If multiple seizures occur call parents/911

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How long has your child had seizures? \_\_\_\_\_

How do other illnesses affect your child's seizure control? \_\_\_\_\_

Are there any warning and /or behavioral changes before the seizure? \_\_\_\_\_

Please describe what happens during a seizure \_\_\_\_\_

How long does a seizure last? \_\_\_\_\_

How often does your child have seizures? \_\_\_\_\_

Date of last seizure? \_\_\_\_\_

How often does your child see the doctor regarding seizures? \_\_\_\_\_

\_\_\_\_\_ Date of last appointment \_\_\_\_\_

Will your child need to take medication during school hours? \_\_\_\_\_ YES \_\_\_\_\_ NO

**If yes, you must have a medication consent form signed by you and your child's doctor on file for this school year and a medication supply must be kept at school for your child to participate in field trips/extracurricular activities.**

Check any special considerations related to your child's epilepsy while at school and describe them briefly.

Educational concerns \_\_\_\_\_

Behavioral/Emotional Concerns \_\_\_\_\_

Physical Education/Recess Precautions \_\_\_\_\_

Special transportation to and from school \_\_\_\_\_

Any additional information \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date of review \_\_\_\_\_

Physician Signature \_\_\_\_\_ Date \_\_\_\_\_