



Connected Community Program



Wellness Screen

FREE Emotional Wellness Screening

During this upcoming 2017-18 school year, every 9th grader within the New London School District will have the opportunity to participate in the Connected Community Wellness Screen (CCWS) program, an emotional wellness check-up for youth. The program will also be offered to your schools upperclassmen by referral. Information and consent forms for the screening program will be mailed to parents prior to the start of screening. The Wellness Screening staff will also be providing education to students and staff about the importance of emotional wellness and the opportunity to have students participate in the screening program.

What is Connected Community Wellness Screen?

Connected Community Wellness Screen is an emotional wellness screening program for youth, which uses an evidenced based public domain screening tool called the Pediatric Symptom Checklist-Youth Self-Report (PSC-Y), which is also endorsed by the Wisconsin Department of Public Instruction (DPI). The PSC-Y is a **free, confidential** and **voluntary** mental health checkup for teens. Early detection of and intervention in emotional wellness concerns, as well as getting connected with mental health services, can save lives.

How does it work?

First parents provide consent for the screening, via a consent form that will be mailed home. Then the teens themselves agree to participate in the two-step screening process:

1. Teens complete a 10 minute computerized questionnaire exploring vision, hearing and dental problems, symptoms of depression and anxiety, suicidal thinking and behavior, attentional problems, disruptive behavior, and use of drugs and alcohol.
2. Teens meet with a member of the Wellness Screen staff to discuss the screening process. When a screen indicates concern, parents are notified and assisted in connecting with a community resource for further evaluation.

For more information, please contact Jen Parsons, the Program Coordinator of Connected Community Wellness Screen, at 920-886-9319 ext. 109, or visit our website <http://www.samaritan-counseling.com/wellnessscreen> to view our parent power point and list of partners.