2018 Athletic Code Meeting
Agenda

1) Philosophy and Outcomes of High School Athletics
2) Requirements to participate
3) Expectations...students & parents (School, Team, WIAA)
4) Preparation (Kayla...trainer)
5) Activity Scheduler
6) General Information...contact info, passes, NCAA
New London High School Mission

The Mission of New London High School is to empower students by setting high expectations, creating meaningful relationships and providing opportunities to develop lifelong skills.
Philosophy of High School Athletics

- Participation in athletics is a privilege

- Teaches life lessons and essential skills (persistence, patience, cooperation, leadership, time management)

- Leads to better academic success (surround yourself with like-minded individuals)

- Less likely to engage in risky behaviors (teen pregnancy, drugs, & alcohol)
Goals of High School Athletics

- Demonstrate the Bulldogs of Character
- Provide and promote opportunities for physical and mental acuity
- To promote and exhibit positive sportsmanship
- Create and foster a sense of unity for the participants and the greater New London community
Participation Requirements

- Physical or Alternate year card (Make appts well in advance of the start of your season)
- $60 User Fee (One time fee covers the entire year)
- Concussion agreement form (1 needed for each activity)
- NLHS code of conduct agreement (parent/participant)  
  *(The code book can be found on the Athletics page)*
- WIAA code of conduct
- Thedacare form (1 time form for all 4 years)

*All forms can be picked up and returned to the HS main office.*
Academic Responsibilities

- Semester failure (in any class) equals an automatic period of ineligibility
- Incompletes equate to a failure until made up
- No participation (games, contests, performances) for 15 scheduled school days
- Grade reports will be printed every other Friday during the school year. Any students that have a failing grade in any class will be notified on that Friday and ruled ineligible for the following Monday.
- Any student listed as failing can be ruled eligible immediately upon a written statement from the teacher
- Must be at school by 11:30 in order to participate (except in cases of family emergency, excused pre-planned absences or written statement from a doctor)
Code of Conduct

Participants are required to sign the “acknowledgement of the Co-Curricular Code” at the beginning of each activity season. This code is in effect 12 months of the year.

1. No smoking or use, including chewing tobacco, or e-cigarettes.
2. No drinking or use of alcoholic beverages.
3. No use, possession, buying or selling of controlled substances or illegal drugs.
4. A co-curricular participant who chooses to remain at an unacceptable social gathering where alcoholic beverages or illegal drugs are present or are being consumed will be considered in violation of the co-curricular code.
5. Conduct in and out of school shall be such as will not bring discredit to the student, his/her parents, his/her school, or his/her team.
6. Criminal action may result in immediate and/or indefinite suspension.
Code of Conduct Continued...

First Violation - The participant will be suspended for 15% of the competitive contest season schedule in which he/she is or will be competing. The actual events of ineligibility will be rounded up to the next whole number.

Second Violation - The participant will be suspended for a number of contests equal to 50% of the season.

Third Violation - The participant will be suspended from all activities for one calendar year from the date of the violation.
Travel Regulations

A participant who travels to an out of town activity with a school group must return with his or her group. Exceptions to this rule are:

A. The parent may make prior arrangements, in writing, with the athletic director in advance of the trip. A travel release form is available from the athletic director and must be completed by the parent 48 hours in advance.

B. In the case of an emergency if the parent is present at an out-of-town site, the parent may request the student to return with him/her. The request must be made in person and in writing by the parent to the coach.
Parental Expectations

Your child’s success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, a great teammate, mentally tough, resilient and tries his/her best IS a direct reflection of your parenting.
Parental Roles

- Provide guidance and encouragement for the son/daughter while maintaining realistic assessments and expectations
- Focus on and communicate positive aspects and accomplishments
- Maintain positive communication with coaches/advisors
- Demonstrate visible pride through regular attendance at events whenever possible
- Serve as a positive role model in the practice of good sportsmanship at all events.
Parental Involvement

**Concerns to discuss with Coaches/Advisors**
- The treatment of your child mentally and physically
- Ways to help your child improve
- Concerns about your child's behavior and grades

**Concerns not appropriate to discuss with Coaches/Advisors**
- Playing time
- Strategy
- Play calling
- Other student participants and decisions about who plays on which team
Athletic Training...Kayla VanHandel

Kayla Van Handel, LAT, CSCS
ThedaCare Orthopedic Care
920-410-1664
Kayla.vanhandel@thedacare.org

Roles of Athletic Trainer:
Injury prevention, examination, treatment, rehabilitation of emergent, acute, or chronic injuries

**concussion care

**referrals/appointments

**work hand in hand with sports and orthopedic doctors
Concussions

Common symptoms - headache, nausea, sensitivity to light/noise, low energy, drowsiness, difficulty concentrating, feeling slowed down, sleeping issues

When to seek medical attention?

- Decline on consciousness levels
- Cervical spine pain
- Vomiting
- Weakness or numbness in extremities
- Slurred speech
- Lack of coordination
- Unequal pupils
Activity Scheduler

- rSchool allows each individual family to create schedules that incorporate all their students’ activities regardless of age or what building they are in. Individuals may also sign up to receive notifications via email or text when activities are cancelled in the school district, and receive notification when those events are rescheduled.

1) Head to district homepage https://www.newlondon.k12.wi.us/
2) Click on “Activities and Athletics Calendar”
3) Select “Notify Me” to create an account
Passes….FANS List

Family…….$75
Adult…….$35
Student…….$28

FANS List
1) 2.0 GPA
2) No failing grades
3) No tardies or unexcused absences
4) No unpaid fees or fines
5) No discipline referrals
6) No overdue books or materials
<table>
<thead>
<tr>
<th>Fall Season</th>
<th>Winter Season</th>
<th>Spring Season</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football…..July 31</td>
<td>Girls BBall…..Nov. 5</td>
<td>Track &amp; Field…..March 4</td>
</tr>
<tr>
<td>Swimming…..Aug. 7</td>
<td>Boys BBall…..Nov. 12</td>
<td>Softball…..March 11</td>
</tr>
<tr>
<td>Tennis…..Aug. 7</td>
<td>Wrestling…..Nov. 12</td>
<td>Baseball…..March 18</td>
</tr>
<tr>
<td>Boys Soccer…..Aug. 13</td>
<td></td>
<td>Girls Soccer…..March 18</td>
</tr>
<tr>
<td>Volleyball…..Aug. 13</td>
<td></td>
<td>Golf…..March 25</td>
</tr>
<tr>
<td>Cross Country….Aug. 13</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Playing in College

- If you have the desire to extend your athletic career in college, there are certain steps that must be taken for your preparation. Please contact the high school office to set up a meeting.

http://www.ncaa.org/student-athletes/future
Contact Information

Philip Sloma - Dean of Students/Activities Director
psloma@newlondon.k12.wi.us
(920) 982-8420 Ext. 1079

Katie Bellile - Activities Secretary
kbellile@newlondon.k12.wi.us
(920) 982-8420 Ext. 1006
Thank You

Continue to promote the success of our athletes, athletic programs and the activities offered at New London High School.