SCHOOL DISTRICT OF NEW LONDON - HEALTH SERVICES

FOOD ALLERGY Action Plan –Food Allergy

Confidential

Student's Name _____ Grade_____ School _____

Parent/Guardian_____ Phone # Work_____ Home # _____

Physician _____ Phone # _____

Family member/Friend, aware of child's condition. Name _____ Phone# _____

Asthmatic: * Yes ☐ **(* =High risk for severe reaction) No** ☐ ***Child MUST sit at allergy free table:*** ☐ ***yes*** ☐ ***no***

Food allergy*:* _____

Reaction*:* _____

Please tell us what you want us to do in case of an allergic reaction at school.
(Please check all that apply)

Symptoms:	**Give Checked Medication:**
If contact with that food, but NO symptoms:	use ☐ Epinephrine ☐ Antihistamine
Mouth: itching, tingling or swelling of lips, tongue, mouth:	use ☐ Epinephrine ☐ Antihistamine
Skin: hives, itchy rash, swelling of the face or extremities:	use ☐ Epinephrine ☐ Antihistamine
Gut: nausea, abdominal cramps, vomiting, diarrhea:	use ☐ Epinephrine ☐ Antihistamine
***Throat:** Tightening of throat, hoarseness, hacking cough:	use ☐ Epinephrine ☐ Antihistamine
***Lung:** Shortness of breath, repetitive coughing, wheezing:	use ☐ Epinephrine ☐ Antihistamine
***Heart**: Fainting, pale, blueness, weak or thready pulse, low blood pressure:	use☐ Epinephrine ☐ Antihistamine
***other**: _____	use☐ Epinephrine ☐ Antihistamine
If reaction is progressing (several of the above areas affected)	use☐ Epinephrine ☐ Antihistamine

***Potentially life-threatening. The severity of symptoms can quickly change.**

☐ Notify parent by: ☐ Send note home ☐ Call parent by phone
☐ Allow to rest for _____ minutes.
☐ Call 911 if: _____
☐ Other/Comments: _____

NOTE: ***If medication is needed, a supply must be kept at school for your child to participate in field trips and you will need to supply additional medication for afterschool extracurricular activities***. If your child rides the bus to and from school, please provide either the Epi-Pen and/or one dose of your child's oral medication to the transportation department. School district medication policy and procedures will apply.

**Emergency medication will be sent with school staff on all school sponsored field trips.

☐ **Yes**, my child requires medication on the bus to and from school.
(Please provide the medication to the transportation department supervisor).
☐ **No**, my child does not require medication on the bus to and from school.

Parent Signature_____Date_____

School Nurse Signature _____Date of review_____

Physician Signature _____Date _____

Upon completing this form, please print the form and hand it in at registration OR save it and email the form to Susan Resch, RN, BSN at sresch@newlondon.k12.wi.us. If medication is needed for this concern, you must also fill out a medication consent form. Thank you.