

FOOD ALLERGIES

React with Respect



Some kids can get very sick when they eat certain foods. This is called a food allergy. If someone tells you they have a food allergy, you should *react with respect*.

How do you respect food allergies?

Know that food allergies are very serious

Wash your hands after eating

Don't share your food with friends who have allergies

Get help right away if a friend gets sick

Show kindness



• REACT WITH RESPECT •

FOOD ALLERGY AWARENESS WEEK

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Food Allergy Research & Education

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