



## Act Now! Bullying stops with you. Grades 6, 7 and 8

### Reduce bullying while creating a climate of understanding, respect, compassion and acceptance

We know that bullying is a problem in nearly every school. It can greatly affect students' abilities to learn. To address this problem and help improve the school environment, Children's Health Education Center, in cooperation with Children's Hospital of Wisconsin, developed *Act Now!* This standards- and game-based, interactive bullying prevention e-learning program is specifically created for students in grades 6, 7 and 8. It also includes an optional online staff development and training program for school and community that provides a step-by-step process for creating a bully-free school.

*Act Now!* addresses physical, verbal, emotional and cyber bullying, plus sexual harassment, through a series of five engaging e-learning lessons in 6th grade, and reinforcing lessons in 7th and 8th grades. It features interactive role-playing, video segments and fun educational games. As students choose characters and role-play through a typical day at a middle school, they will be able to:

- Distinguish between bullying and other behaviors.
- Demonstrate ways to help a victim of bullying, including how to ask an adult for help.
- Understand the importance of advocacy through student-created anti-bullying campaigns.
- Identify what sexual harassment is and demonstrate how to respond.
- Reinforce appropriate social skills through role-playing, peer interaction and written activities.
- Identify and communicate three ways teachers, administrators and parents can improve a school's climate.

